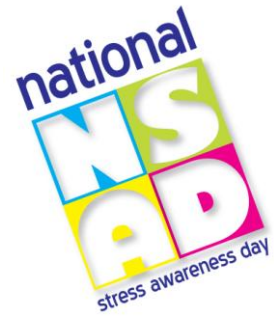




International Stress
Management Association UK

Promoting stress prevention and well-being



PRESS INFORMATION

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For Immediate Release

MP to Ask Why UK Business Ignores Stress

Today, Wednesday 2nd November, is National Stress Awareness Day (NSAD) and the subject of stress will be raised in Parliament by MP for Southend West, David Amess.

Mr Amess will ask why UK businesses ignore the effects of psychosocial risk and what actions the government proposes to take to reduce the threat of stress in society and the workplace.

Annually organised by the International Stress Management Association (ISMA)¹, NSAD is in its 13th year of increasing public awareness and drawing attention to the issue of stress. Chair of ISMA, Ann McCracken states: "The fact that the issue of stress is to be raised in Parliament today demonstrates the seriousness of the current situation. Dame Carol Black's 2008 report highlighted that absenteeism from stress costs the UK economy £30 Billion and yet government still has not fully addressed the situation. The answer to David Amess's question will be interesting."

Any questions regarding the causes of stress, psychosocial risk and the management of stress can be addressed to ISMA, the leading UK professional body in the specialist field of stress management, today or at any time in the future.

-ends-

Issued on behalf of ISMA by Kyrene. For more details call Simon Lamb on 01376 513215

Notes to Editors:

- For more information about NSAD, visit: www.nationalstressawarenessday.co.uk
- The International Stress Management Association is the leading UK professional body in the specialist field of stress management: www.isma.org.uk